



LOCAL ACTION 21 (LA 21)

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THEME : TOWARDS SUSTAINABLE DEVELOPMENT.

PLEDGE TO MAKE A SMALL LIFESTYLE CHANGE SUCH AS:-

- Food**
- Plant a vegetable garden.
 - Bring your own bags to the store.
 - Buy and eat fewer processed foods.
- Energy/
Electricity**
- Make sure all lights are off when not in use.
 - Turn the air-conditioning down or off at night.
 - Get outside! Outside activities are fun and take less energy.
 - Keep doors and windows shut when heating or cooling the house.
 - Do an energy audit.
- Transportation**
- Walk or ride a bike to school/work.
 - Carpool when where you are going is too far to walk.
 - Take public transport.
- Create Less Waste-**
- Buy products with the least amount of packaging as possible.
 - Ask for no bag when you buy something you can carry without one.
 - Recycle as much as possible (and purchase recycled products when you can).
- Water**
- Turn off the tap while brushing your teeth.
 - Don't put toxics or grease down storm drains.
 - Put a brick in your toilet tank. It saves thousands of gallons of water per year.
 - Run only full loads in your washing machine.
- Community**
- Help a group that works to make local rivers and stream healthier.
 - Get involved with a recycling program.